

ADM Modular Brace System Size and Selection Guide



c-prodirect

Product Size and Selection Guide (AFOs)

Use this Size and Selection Guide to understand the range of ADM Modular Brace System Products available and to determine which product sizes and variants you require.

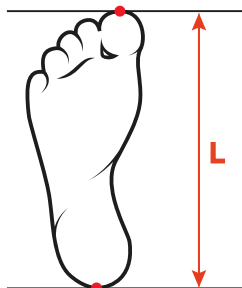
Go to www.c-prodirect.com (SHOP) to determine the unique product codes required for your order. Even if not ordering online, the website can be used to look up the unique product codes for each product configuration.

Contact our sales advisors if you require assistance identifying the products you need to order. We can be contacted by email at enquiries@c-prodirect.com, by webchat at www.c-prodirect.com or by telephone on +44 (1) 1732 860 158.

ADM Ankle Foot Orthosis (AFO)

Clubfoot Ankle Foot Orthosis' should fit closely to the patient's foot. The toe strap should cover the toes and the toes should not extend beyond the end of the AFO liner. The size guide below provides for some growing room. To select the required size measure the foot length as shown in the diagram. For example, a 120mm foot would normally require a size 4 AFO.

| Foot Length L (mm) | Sandal Size |
|-----------------------|-------------|
| 67 to 70 | 0000 |
| 71 to 75 | 000 |
| 76 to 80 | 00 |
| 81 to 87 | 0 |
| 88 to 92 | 1 |
| 93 to 102 | 2 |
| 103 to 112 | 3 |
| 113 to 122 | 4 |
| 123 to 132 | 5 |
| 133 to 142 | 6 |
| 143 to 152 | 7 |
| 153 to 162 | 8 |
| 163 to 172 | 9 |
| 173 to 182 | 10 |
| 183 to 192 | 11 |
| 193 to 202 | 12 |



Reference Liner Sets



The fastest and most accurate way to determine the required AFO size is to hold a Reference Liner against the patient's foot. If you are regularly prescribing ADM AFOs for patients please contact us about how to obtain an AFO Reference Liner set.

Information Required to order Sandals (ADM AFOs)

Side: Left or Right

Size: 0000 to 12 (as per the table)

The example order below is for a pair of sandals for a patient with feet between 88mm and 92mm in length (L).

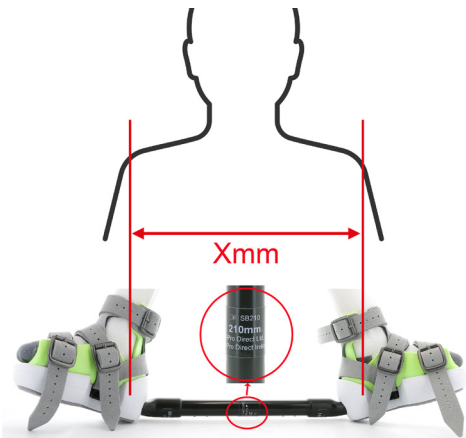
Note: Go to www.c-prodirect.com (SHOP) to determine the product codes required for your order.

Example Order

| Qty | Code | Product Description |
|-----|---------|--|
| 1 | 1GGLEVA | ADM SANDAL SIZE 1 GREEN AND GREY LEFT EVA |
| 1 | 1GGREVA | ADM SANDAL SIZE 1 GREEN AND GREY RIGHT EVA |

ADM Modular Bracing System Bars

ADM Modular Brace System Bars are of fixed length and free of charge. Bars may be ordered individually or as kits of multiple Bars (Bar Kits). The most common Bar Kits are **Small Bar Kit 1** (5 Small Bars) and **Large Bar Kit 1** (4 Large Bars). Bar Kits provide all the Bars commonly required for AFO sizes 0000 to 5 (Small Bar Kit 1) and AFO sizes 6 to 12 (Large Bar Kit 1). Small Bar Kit 2 and Large Bar Kit 2 provide longer length Bars if required. The stated Bar length relates to the width (Xmm) between the heels of the AFOs and not the actual physical length of the bar (see illustration below).



The Ponseti Method advises that External Rotation Bars are set with the width between the heels of the AFOs at the patient's shoulder width. The notional length of an ADM Modular Brace System Bar is therefore the distance the heels of the AFOs will be set apart (not the physical Bar length).

Extra Short Bars

*1 Extra Short Bars deliver 130mm or 150mm width between the heel of the AFOs and come with clips permanently attached. These are typically used for very small or premature babies.

Bars may be ordered individually in the lengths listed in the table on the right or in Bar Kits as per the table below.

| Kit Type | Heel Width (mm) | Fits AFOs |
|-----------------|---------------------|-----------|
| Small Bar Kit 1 | 170 to 250 (5 bars) | 0000 to 5 |
| Small Bar Kit 2 | 270 to 290 (2 bars) | 0000 to 5 |
| Large Bar Kit 1 | 250 to 310 (4 bars) | 6 to 12 |
| Large Bar Kit 2 | 330 to 350 (2 bars) | 6 to 12 |

Information Required to order Bars

Kit Type: For Bar Kits eg., Small Bar Kit 1 **or**

Size Range / Bar Length (for individual Bars):

The example order below is for a Small Bar Kit 1 (5 bars) and a single Large 290mm Bar

Note: Go to www.c-prodirect.com (SHOP) to determine the product codes required for your order.

Example Order

| Qty | Code | Product Description |
|-----|-------|---------------------------------------|
| 1 | SBK1 | Small Bar Kit 170mm to 250mm (5 bars) |
| 1 | LB290 | Large Bar 290mm length |

| Size Range | Bar Length (Xmm) |
|------------|------------------|
| Small | 130 *1 |
| Small | 150 *1 |
| Small | 170 |
| Small | 190 |
| Small | 210 |
| Small | 230 |
| Small | 250 |
| Small | 270 |
| Small | 290 |
| Large | 250 |
| Large | 270 |
| Large | 290 |
| Large | 310 |
| Large | 330 |
| Large | 350 |

Product Size and Selection Guide (Clips)

ADM Modular Bracing System Clips

ADM Modular Brace Bar Clips have a fixed angle. They come in two sizes (Small & Large), Left and Right and four abduction (external rotation) angles; **70, 60, 45** and **30** degrees. In a fitted condition the clips are angled at **15 degrees** to the transverse (sometime referred to as the dorsiflexion angle.)

| Size Range | Fits AFOs | External Rotation Angle (deg) | Typical Application |
|------------|-----------|-------------------------------|---------------------|
| Small | 0000 to 5 | 70 | Clubfoot |
| Small | 0000 to 5 | 60 | Clubfoot |
| Small | 0000 to 5 | 45 | Complex clubfoot |
| Small | 0000 to 5 | 30 | Non-Clubfoot |
| Large | 6 to 12 | 70 | Clubfoot |
| Large | 6 to 12 | 60 | Clubfoot |
| Large | 6 to 12 | 45 | Complex clubfoot |
| Large | 6 to 12 | 30 | Non-Clubfoot |



Information Required to order Bar Clips

Size Range: Small or Large as per the table above

Side and Angle: Left or Right and 70, 60, 45 or 30 degrees

Example Order

The example order below is for two sets of clips; one for a Right foot unilateral patient in AFOs size 5 or below and one for a bilateral patient in AFOs size 6 or above.

| Qty | Code | Product Description |
|-----|--------|--|
| 1 | SBCL30 | Small Bar Clip Left 30 degree abduction |
| 1 | SBCR70 | Small Bar Clip Right 70 degree abduction |
| 1 | LBCL60 | Large Bar Clip Left 60 degree abduction |
| 1 | LBCL60 | Small Bar Clip Right 60 degree abduction |

Note: Go to www.c-prodirect.com (SHOP) to determine the product codes required for your order.

Bars and Clip Organisation Boxes



Clinics using Bars and Clips routinely may wish to hold a stock in organiser boxes. Organiser boxes are available in two sizes (Small and Large). Each Organiser box provides three complete sets of Bars and multiple complete ranges of Bar Clips. The contents of organiser boxes may then be topped up as required. If you are regularly prescribing ADM Boots and Bars for patients please contact us about how to obtain Bar and Clip organiser boxes.

Abduction Dorsiflexion Mechanism (ADM)

ADM Sizes

ADMs are available in nine sizes from 3XS to XL. Additionally, some sizes (ie., 3XS, XXS, SM, M and X-L) are available in variants to accommodate patients with shorter than typical lower leg lengths. ADM size selection is based on foot length (L) and lower leg length (P) according to the tables overleaf. XL sizes are available with ambulatory footwear only (not night use AFOs) and for these sizes we require the circumference (C) of the lower leg at the widest point of the calf.

ADM Springs

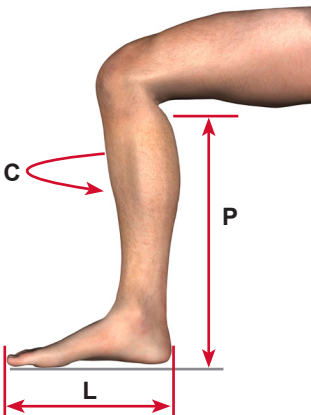
The required ADM spring configuration must be specified. Most clubfoot patients with well corrected feet will achieve a good position and a degree of stretch that can be tolerated during sleep with **Standard STJ** (Sub-Talar Joint) and **Standard TTJ** (Tibio-Talar Joint) springs. However, Stronger and Softer options are also available. More details on spring selection are provided later in this guide.

Warning

Failing to increase the ADM size and or spring strength as the child grows is likely to compromise the effectiveness of the ADM device.

How to Determine the Required ADM Size and Configuration

The easiest way is to go to www.c-prodirect.com (even if not ordering online). Enter the required details and the website will identify the product code and description that meets your requirements.



Information Required to order ADMs

Foot Length (L in mm): This information will also determine the correct AFO size as described earlier in this guide.

Lower Leg Length (P in mm): Lower leg length as per the illustration. This is used to determine whether a standard or shorter height ADM option is required. Most patients fit a standard height ADM and the shorter options should be selected only if the leg length is not sufficient for the standard option.

STJ and TTJ Spring strength: STANDARD, STRONG or SOFT for each ADM spring. Select STRONG or SOFT only if you have specific needs as detailed later in this guide.

Side: Left or Right

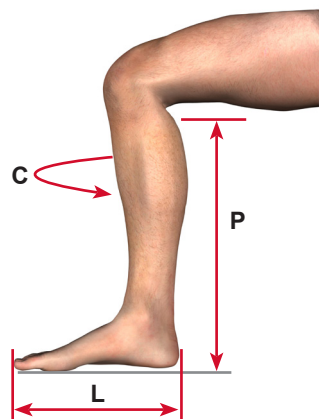
Clinician: If ordering online the name of Clinician responsible for care of the patient.

The example order below is for a patient with a 120mm Foot Length (L) and with STANDARD STJ and TTJ springs, a 170mm lower Leg Length (P) requiring a Right side device.

Example Order

| Qty | Code | Product Description |
|-----|-------------|--|
| 1 | 240310GXSRN | 240STJ 310TTJ GREY EXTRA SMALL RIGHT ADM |
| 1 | 4GGREVA | ADM SANDAL SIZE 4 GREEN AND GREY RIGHT EVA |

ADM Sizing Lookup Tables



If possible we recommend determining your required ADM size, configuration and associated product codes by reference to the website c-prodirect.com.

However, ADM and AFO size requirements can be determined without reference to www.c-prodirect.com by reference to the tables below and overleaf. You will require the patient's foot length (L) and leg length (P). Calf circumference (C) is required only for XL (Extra Large) sized ADMs.

ADM spring strengths can be determined manually using the table in the following section.

| | |
|--|---|
| | Typical ADM size for the foot length (L) and Leg Length (P) |
| | An alternative ADM if required for a shorter lower leg length |

ADM Sizing Table (for AFO sizes 0000 to 5)

| Foot Length (L) (AFO Size) | Leg Length (P) | | | | | |
|-------------------------------|----------------|------|--------------|------|------|------|
| | 105+ | 115+ | 125+ | 135+ | 160+ | 185+ |
| 67 to 70 (0000) | 3XS SHORT | 3XS | | | | |
| 71 to 75 (000) | 3XS SHORT | 3XS | | | | |
| 76 to 80 (00) | 3XS SHORT | 3XS | | | | |
| 81 to 87 (0) | 3XS SHORT | 3XS | | | | |
| 88 to 92 (1) | 3XS SHORT | 3XS | | | | |
| 93 to 102 (2) | | | XXS SHORT | XXS | | |
| 103 to 112 (3) | | | | XXS | XS | |
| 113 to 122 (4) | | | | XXS | XS | |
| 123 to 132 (5) | | | | | XS | S |

ADM Sizing Table (for AFO sizes 6 upwards)

| Foot Length (L) (AFO Size) | Leg Length (P) | | | | | | | |
|-----------------------------------|----------------|------|------------|------|------|------|-------------|------|
| | 182+ | 200+ | 205+ | 220+ | 235+ | 275+ | 300+ | 360+ |
| 133 to 142 (6) | SM SHORT | SM | | | | | | |
| 143 to 152 (7) | | | M SHORT | M | | | | |
| 153 to 162 (8) | | | M SHORT | M | | | | |
| 163 to 172 (9) | | | | | ML | | | |
| 173 to 182 (10) | | | | | ML | | | |
| 183 to 192 (11) | | | | | ML | L | | |
| 193 to 202 (12) | | | | | | L | | |
| 203 to 252 (Day footwear only) | | | | | | | XL SHORT | XL |

Note: For XL sizes the Calf circumference (C) is also required. A Narrow strap variant shall be provided for XL ADM users with calf circumference less than 355mm.

Example ADM Sizes

| Foot Length (L mm) | Leg Length (P mm) | AFO Size Required | ADM Size required |
|-----------------------|----------------------|----------------------|-------------------------------|
| 77 | 110 | 00 | 3XS SHORT |
| 77 | 118 | 00 | 3XS |
| 108 | 137 | 3 | XXS (Extra Extra Small) |
| 108 | 165 | 3 | XS (Extra Small) |
| 135 | 190 | 6 | SM SHORT (Small-Medium SHORT) |
| 135 | 200 | 6 | SM (Small Medium) |

Size Queries / Exceptions

If you require further ADM sizing assistance or advice please contact us.

The sizing advice provided herein caters for the overwhelming majority of ADM users, but we appreciate there may be exceptions and requirements for configurations outside of our normal guidelines. We will always do our best to assist customers and patients to achieve the best possible fitting ADM device.

Spring Selection

If possible we recommend determining your required ADM spring configuration and associated product codes by reference to the website c-prodirect.com. However, the table on the following pages can also be used.

Spring Selection Guidance

Standard STJ (abduction) spring with Standard TTJ (dorsiflexion) spring: Is generally the best option for most clubfoot patients with well corrected feet and reasonable range of motion.

Strong STJ (abduction) spring with Standard TTJ (dorsiflexion) spring: Increases the force on the patient's sub-talar joint potentially improving range of motion and foot position in the brace.

Strong STJ (abduction) spring with Strong TTJ (dorsiflexion) spring: An all round stronger strength ADM, for patients with a larger than typical body mass and more resistant ankle joints.

Soft STJ (abduction) spring with Standard or Strong TTJ (dorsiflexion) spring: These configurations provide less abducting force. Softer abduction STJ springs are often more appropriate for patients with hyper-mobility / low resistance sub-talar (STJ) joints.

Soft STJ (abduction) spring with Soft TTJ (dorsiflexion) spring: The Soft STJ Soft TTJ option is typically for patients with low muscle tone and body mass.

Warnings

ADMs with stronger springs apply greater pressure and forces to the patient's ankle joints, feet and lower legs which makes brace tolerance more difficult for the patient. It is not generally recommended to use ADMs with Stronger springs with the SHORT size options. ADM sizes and spring strengths must be increased as the patient grows and requires the next size AFO. An ADM that has Standard springs for one size of AFO is likely to be the Soft spring option for the next size up of AFO.

Clinical Supervision & Instructions for Use (IFU)

ADM usage must be supervised by the qualified clinician who is responsible for care of the patient.

Always fit ADMs and ADM AFOs with reference to the Instructions for Use (IFU). These IFU provide explanations of how to verify the correct function of the ADM when fitted to a patient. Separate IFU and verification procedures are provided for ADMs used with Night Use and Ambulatory footwear.

ADM Spring Selection Table

In the following table ADMs with Standard STJ and Standard TTJ springs are highlighted in grey shaded rows. The ADM sizes shown are for standard leg lengths. As discussed earlier alternative ADMs are available for patents with shorter lower leg lengths.

| Foot Length Range (mm) | AFO Size | ADM Size | STJ Type | STJ (Nmm) | TTJ Type | TTJ (Nmm) |
|------------------------|----------|----------|----------|-----------|----------|-----------|
| 81 to 87 | 0 | XXXS | Standard | 90 | Standard | 90 |
| 81 to 87 | 0 | XXXS | Standard | 90 | Soft | 70 |
| 81 to 87 | 0 | XXXS | Standard | 90 | Strong | 110 |
| 81 to 87 | 0 | XXXS | Soft | 70 | Standard | 90 |
| 81 to 87 | 0 | XXXS | Soft | 70 | Soft | 70 |
| 81 to 87 | 0 | XXXS | Soft | 70 | Strong | 110 |
| 81 to 87 | 0 | XXXS | Strong | 110 | Standard | 90 |
| 81 to 87 | 0 | XXXS | Strong | 110 | Soft | 70 |
| 81 to 87 | 0 | XXXS | Strong | 110 | Strong | 110 |
| 88 to 92 | 1 | XXXS | Standard | 120 | Standard | 120 |
| 88 to 92 | 1 | XXXS | Standard | 120 | Soft | 90 |
| 88 to 92 | 1 | XXXS | Standard | 120 | Strong | 170 |
| 88 to 92 | 1 | XXXS | Soft | 90 | Standard | 120 |
| 88 to 92 | 1 | XXXS | Soft | 90 | Soft | 90 |
| 88 to 92 | 1 | XXXS | Soft | 90 | Strong | 170 |
| 88 to 92 | 1 | XXXS | Strong | 170 | Standard | 120 |
| 88 to 92 | 1 | XXXS | Strong | 170 | Soft | 90 |
| 88 to 92 | 1 | XXXS | Strong | 170 | Strong | 170 |
| 93 to 102 | 2 | XXS | Standard | 170 | Standard | 170 |
| 93 to 102 | 2 | XXS | Standard | 170 | Soft | 120 |
| 93 to 102 | 2 | XXS | Standard | 170 | Strong | 240 |
| 93 to 102 | 2 | XXS | Soft | 120 | Standard | 170 |
| 93 to 102 | 2 | XXS | Soft | 120 | Soft | 120 |
| 93 to 102 | 2 | XXS | Soft | 120 | Strong | 240 |
| 93 to 102 | 2 | XXS | Strong | 240 | Standard | 170 |
| 93 to 102 | 2 | XXS | Strong | 240 | Soft | 120 |
| 93 to 102 | 2 | XXS | Strong | 240 | Strong | 240 |

ADM Spring Selection Table

| Foot Length Range (mm) | AFO Size | ADM Size | STJ Type | STJ (Nmm) | TTJ Type | TTJ (Nmm) |
|------------------------|----------|-----------|-----------------|------------|-----------------|------------|
| 103 to 112 | 3 | XS | Standard | 170 | Standard | 240 |
| 103 to 112 | 3 | XS | Standard | 170 | Soft | 170 |
| 103 to 112 | 3 | XS | Standard | 170 | Strong | 310 |
| 103 to 112 | 3 | XS | Soft | 120 | Standard | 240 |
| 103 to 112 | 3 | XS | Soft | 120 | Soft | 170 |
| 103 to 112 | 3 | XS | Soft | 120 | Strong | 310 |
| 103 to 112 | 3 | XS | Strong | 240 | Standard | 240 |
| 103 to 112 | 3 | XS | Strong | 240 | Soft | 170 |
| 103 to 112 | 3 | XS | Strong | 240 | Strong | 310 |
| 113 to 122 | 4 | XS | Standard | 240 | Standard | 310 |
| 113 to 122 | 4 | XS | Standard | 240 | Soft | 240 |
| 113 to 122 | 4 | XS | Standard | 240 | Strong | 420 |
| 113 to 122 | 4 | XS | Soft | 170 | Standard | 310 |
| 113 to 122 | 4 | XS | Soft | 170 | Soft | 240 |
| 113 to 122 | 4 | XS | Soft | 170 | Strong | 420 |
| 113 to 122 | 4 | XS | Strong | 310 | Standard | 310 |
| 113 to 122 | 4 | XS | Strong | 310 | Soft | 240 |
| 113 to 122 | 4 | XS | Strong | 310 | Strong | 420 |
| 123 to 132 | 5 | S | Standard | 310 | Standard | 420 |
| 123 to 132 | 5 | S | Standard | 310 | Soft | 310 |
| 123 to 132 | 5 | S | Standard | 310 | Strong | 490 |
| 123 to 132 | 5 | S | Soft | 240 | Standard | 420 |
| 123 to 132 | 5 | S | Soft | 240 | Soft | 310 |
| 123 to 132 | 5 | S | Soft | 240 | Strong | 490 |
| 123 to 132 | 5 | S | Strong | 420 | Standard | 420 |
| 123 to 132 | 5 | S | Strong | 420 | Soft | 310 |
| 123 to 132 | 5 | S | Strong | 420 | Strong | 490 |

ADM Spring Selection Table

| Foot Length Range (mm) | AFO Size | ADM Size | STJ Type | STJ (Nmm) | TTJ Type | TTJ (Nmm) |
|------------------------|----------|-----------|-----------------|------------|-----------------|------------|
| 133 to 142 | 6 | SM | Standard | 400 | Standard | 510 |
| 133 to 142 | 6 | SM | Standard | 400 | Soft | 400 |
| 133 to 142 | 6 | SM | Standard | 400 | Strong | 600 |
| 133 to 142 | 6 | SM | Soft | 320 | Standard | 510 |
| 133 to 142 | 6 | SM | Soft | 320 | Soft | 400 |
| 133 to 142 | 6 | SM | Soft | 320 | Strong | 600 |
| 133 to 142 | 6 | SM | Strong | 510 | Standard | 510 |
| 133 to 142 | 6 | SM | Strong | 510 | Soft | 400 |
| 133 to 142 | 6 | SM | Strong | 510 | Strong | 600 |
| 143 to 152 | 7 | M | Standard | 510 | Standard | 600 |
| 143 to 152 | 7 | M | Standard | 510 | Soft | 510 |
| 143 to 152 | 7 | M | Standard | 510 | Strong | 780 |
| 143 to 152 | 7 | M | Soft | 400 | Standard | 600 |
| 143 to 152 | 7 | M | Soft | 400 | Soft | 510 |
| 143 to 152 | 7 | M | Soft | 400 | Strong | 780 |
| 143 to 152 | 7 | M | Strong | 600 | Standard | 600 |
| 143 to 152 | 7 | M | Strong | 600 | Soft | 510 |
| 143 to 152 | 7 | M | Strong | 600 | Strong | 780 |
| 153 to 162 | 8 | M | Standard | 600 | Standard | 780 |
| 153 to 162 | 8 | M | Standard | 600 | Soft | 600 |
| 153 to 162 | 8 | M | Standard | 600 | Strong | 960 |
| 153 to 162 | 8 | M | Soft | 510 | Standard | 780 |
| 153 to 162 | 8 | M | Soft | 510 | Soft | 600 |
| 153 to 162 | 8 | M | Soft | 510 | Strong | 960 |
| 153 to 162 | 8 | M | Strong | 780 | Standard | 780 |
| 153 to 162 | 8 | M | Strong | 780 | Soft | 600 |
| 153 to 162 | 8 | M | Strong | 780 | Strong | 960 |

ADM Spring Selection Table

| Foot Length Range (mm) | AFO Size | ADM Size | STJ Type | STJ (Nmm) | TTJ Type | TTJ (Nmm) |
|------------------------|-----------|-----------|-----------------|------------|-----------------|-------------|
| 163 to 172 | 9 | ML | Standard | 780 | Standard | 960 |
| 163 to 172 | 9 | ML | Standard | 780 | Soft | 780 |
| 163 to 172 | 9 | ML | Standard | 780 | Strong | 1330 |
| 163 to 172 | 9 | ML | Soft | 600 | Standard | 960 |
| 163 to 172 | 9 | ML | Soft | 600 | Soft | 780 |
| 163 to 172 | 9 | ML | Soft | 600 | Strong | 1330 |
| 163 to 172 | 9 | ML | Strong | 960 | Standard | 960 |
| 163 to 172 | 9 | ML | Strong | 960 | Soft | 780 |
| 163 to 172 | 9 | ML | Strong | 960 | Strong | 1330 |
| 173 to 182 | 10 | ML | Standard | 960 | Standard | 960 |
| 173 to 182 | 10 | ML | Standard | 960 | Soft | 780 |
| 173 to 182 | 10 | ML | Standard | 960 | Strong | 1330 |
| 173 to 182 | 10 | ML | Soft | 780 | Standard | 960 |
| 173 to 182 | 10 | ML | Soft | 780 | Soft | 780 |
| 173 to 182 | 10 | ML | Soft | 780 | Strong | 1330 |
| 173 to 182 | 10 | ML | Strong | 1330 | Standard | 960 |
| 173 to 182 | 10 | ML | Strong | 1330 | Soft | 780 |
| 173 to 182 | 10 | ML | Strong | 1330 | Strong | 1330 |
| 183 to 192 | 11 | L | Standard | 960 | Standard | 1330 |
| 183 to 192 | 11 | L | Standard | 960 | Soft | 960 |
| 183 to 192 | 11 | L | Standard | 960 | Strong | 1330 |
| 183 to 192 | 11 | L | Soft | 780 | Standard | 1330 |
| 183 to 192 | 11 | L | Soft | 780 | Soft | 960 |
| 183 to 192 | 11 | L | Soft | 780 | Strong | 1330 |
| 183 to 192 | 11 | L | Strong | 1330 | Standard | 1330 |
| 183 to 192 | 11 | L | Strong | 1330 | Soft | 960 |
| 183 to 192 | 11 | L | Strong | 1330 | Strong | 1330 |

ADM Spring Selection Table

| Foot Length Range (mm) | AFO Size | ADM Size | STJ Type | STJ (Nmm) | TTJ Type | TTJ (Nmm) |
|------------------------|------------|-----------|-----------------|-------------|-----------------|-------------|
| 193 to 202 | 12 | L | Standard | 960 | Standard | 1330 |
| 193 to 202 | 12 | L | Standard | 960 | Soft | 960 |
| 193 to 202 | 12 | L | Standard | 960 | Strong | 1330 |
| 193 to 202 | 12 | L | Soft | 780 | Standard | 1330 |
| 193 to 202 | 12 | L | Soft | 780 | Soft | 960 |
| 193 to 202 | 12 | L | Soft | 780 | Strong | 1330 |
| 193 to 202 | 12 | L | Strong | 1330 | Standard | 1330 |
| 193 to 202 | 12 | L | Strong | 1330 | Soft | 960 |
| 193 to 202 | 12 | L | Strong | 1330 | Strong | 1330 |
| 203 to 212 | N/A | XL | Standard | 1460 | Standard | 1625 |
| 203 to 212 | N/A | XL | Standard | 1460 | Soft | 1460 |
| 203 to 212 | N/A | XL | Standard | 1460 | Strong | 1920 |
| 203 to 212 | N/A | XL | Soft | 1240 | Standard | 1625 |
| 203 to 212 | N/A | XL | Soft | 1240 | Soft | 1460 |
| 203 to 212 | N/A | XL | Soft | 1240 | Strong | 1920 |
| 203 to 212 | N/A | XL | Strong | 1625 | Standard | 1625 |
| 203 to 212 | N/A | XL | Strong | 1625 | Soft | 1460 |
| 203 to 212 | N/A | XL | Strong | 1625 | Strong | 1920 |
| 213 to 222 | N/A | XL | Standard | 1625 | Standard | 1920 |
| 213 to 222 | N/A | XL | Standard | 1625 | Soft | 1625 |
| 213 to 222 | N/A | XL | Standard | 1625 | Strong | 2520 |
| 213 to 222 | N/A | XL | Soft | 1460 | Standard | 1920 |
| 213 to 222 | N/A | XL | Soft | 1460 | Soft | 1625 |
| 213 to 222 | N/A | XL | Soft | 1460 | Strong | 1920 |
| 213 to 222 | N/A | XL | Strong | 1920 | Standard | 1625 |
| 213 to 222 | N/A | XL | Strong | 1920 | Soft | 1460 |
| 213 to 222 | N/A | XL | Strong | 1920 | Strong | 2520 |

ADM Spring Selection Table

| Foot Length Range (mm) | AFO Size | ADM Size | STJ Type | STJ (Nmm) | TTJ Type | TTJ (Nmm) |
|------------------------|------------|-----------|-----------------|-------------|-----------------|-------------|
| 223 to 232 | N/A | XL | Standard | 1920 | Standard | 2520 |
| 223 to 232 | N/A | XL | Standard | 1920 | Soft | 1920 |
| 223 to 232 | N/A | XL | Standard | 1920 | Strong | 3200 |
| 223 to 232 | N/A | XL | Soft | 1625 | Standard | 2520 |
| 223 to 232 | N/A | XL | Soft | 1625 | Soft | 1920 |
| 223 to 232 | N/A | XL | Soft | 1625 | Strong | 3200 |
| 223 to 232 | N/A | XL | Strong | 2520 | Standard | 2520 |
| 223 to 232 | N/A | XL | Strong | 2520 | Soft | 1920 |
| 223 to 232 | N/A | XL | Strong | 2520 | Strong | 3200 |
| 233 to 242 | N/A | XL | Standard | 2520 | Standard | 3200 |
| 233 to 242 | N/A | XL | Standard | 2520 | Soft | 2520 |
| 233 to 242 | N/A | XL | Standard | 2520 | Strong | 3200 |
| 233 to 242 | N/A | XL | Soft | 1920 | Standard | 3200 |
| 233 to 242 | N/A | XL | Soft | 1920 | Soft | 2520 |
| 233 to 242 | N/A | XL | Soft | 1920 | Strong | 3200 |
| 233 to 242 | N/A | XL | Strong | 3200 | Standard | 3200 |
| 233 to 242 | N/A | XL | Strong | 3200 | Soft | 2520 |
| 233 to 242 | N/A | XL | Strong | 3200 | Strong | 3200 |
| 243 to 252 | N/A | XL | Standard | 2520 | Standard | 3200 |
| 243 to 252 | N/A | XL | Standard | 2520 | Soft | 2520 |
| 243 to 252 | N/A | XL | Standard | 2520 | Strong | 3200 |
| 243 to 252 | N/A | XL | Soft | 1920 | Standard | 3200 |
| 243 to 252 | N/A | XL | Soft | 1920 | Soft | 2520 |
| 243 to 252 | N/A | XL | Soft | 1920 | Strong | 3200 |
| 243 to 252 | N/A | XL | Strong | 3200 | Standard | 3200 |
| 243 to 252 | N/A | XL | Strong | 3200 | Soft | 2520 |
| 243 to 252 | N/A | XL | Strong | 3200 | Strong | 3200 |

Ambulatory ADM Footwear Selection

To order ambulatory footwear adapted to connect to ADMs we require the following information **for each side**:

Side: Left or Right

Adapted: Yes / No - indicating whether the footwear is to be used with an ADM (yes) or is the non-ADM side for unilateral ADM patients (no).

Foot Length (L in mm): The Length of the foot.

Footwear Brand / Model / Colour: The brand, model and colour of the footwear. **Note:** We are only able to adapt footwear with a suitable sole design and can only supply a limited range of brands, models and colours. Please visit www.c-prodirect.com for more details. Customer provided footwear can also be adapted providing it meets the required technical standards.

Required size (EU format): The size of the footwear in EU format.

Note: Orders for adapted footwear are subject to confirmation and acceptance by C-Pro Direct. Please provide as much information as possible and our sales assistants will work with you to confirm the most suitable footwear option available.



Example Order

The example order below is for a pair of Reebok shoes (EU 24 for a 135mm foot) to go with a right side ADM on a 135mm foot fitted with standard springs. The left foot is the same size.

| Qty | Code | Product Description | Additional Information |
|-----|-------------|---|---|
| 1 | ADMRSC | Shoe Right Child with ADM Socket | Foot Length: 135mm Brand: Reebok Model: FZ2094 Colour: Black Size (EU): 24 |
| 1 | ADMLSCU | Orthopaedic Left Shoe Child | Foot Length: 135mm Brand: Reebok Model: FZ2094 Colour: Black Size (EU): 24 |
| 1 | 400510GSMRN | 400STJ 510TTJ GREY SMALL-MEDIUM RIGHT ADM | |